

The Dermatology and Laser Center At Harvard Park, PLLC

950 E. Harvard Ave. Suite 440 Denver, Colorado 80210 Phone: 303-744-2704

Stephen Eubanks, MD

Carl Demidovich, MD

Elizabeth Shurnas, MD

Corbin Rogers, PA-C

Chelsea Schweid, PA-C

Care Instructions for your Biopsy Site(s)

1. Your skin biopsy(ies) will be processed and examined by microscope for diagnosis. You will be notified of the results within a week or two. Call the office if you have not received results in three weeks. If further surgery is necessary, please stop all aspirin products ten days before the scheduled date.
2. Skin biopsies can cause discomfort and mild pain. This can normally be controlled with Tylenol or Advil. If pain is more severe, you should contact the office.
3. Unless otherwise directed, clean your wound twice per day with a **half and half** mixture of half hydrogen peroxide and half water for the first two (2) days after your biopsy. This may be applied with a Q-tip or gauze pad. Gentle soaking is recommended. No force or pressure is necessary.
4. After cleaning your wound, apply a thin film of Aquaphor or Vaseline. These can be purchased in any drugstore for a minimal cost without a prescription. Neosporin is not recommended because it can cause an allergic reaction.
5. A band-aid or gauze cover with tape may be placed over the wound after cleaning and applying the ointment. This is not necessary but can help to keep the wound clean and ointment off your clothes.
6. Medical research has proven that a wound heals faster and with a better cosmetic result and less pain when treated in the above manner. Gone are the days of “letting it dry”. You may apply the ointment as many times a day as is necessary to keep the wound soft.
7. If there are stitches or sutures in the skin, a punch or excisional biopsy was performed. Care for the wound in the same manner and return for suture removal as scheduled.
8. Wounds without stitches are the result of a shave biopsy. These will heal from the bottom up and the sides in. Redness at the edge and a yellow filmy substance at the bottom which does not drain are normal.
9. Signs of a wound infection are: increasing pain days after the biopsy, expanding redness and tenderness, and drainage of pus. Infections are very uncommon. If you think your wound may be infected, call the office.
10. You may get your biopsy wound wet in the shower, but keep it out of swimming pools, hot tubs, and dishwasher for the first ten days.